



Feel
FALKIRK

easter

Easter Holiday Activity Programme 2022



falkirkcommunitytrust.org/sport

Multi-sports Activity Camps



Keep your children active over the holidays at our Multi Sports Camp. Led by experienced coaches and leaders, children will be entertained and active! Our camp gives children a taste of activities such as basketball, football, tennis, dancing and swimming, as well as games and much more. Suitable for P1 – P7.

Week	Date	Venue
Week 1	Monday 4 – Friday 8 April	Falkirk High School
Week 1	Monday 4 – Friday 8 April	Grangemouth High School
Week 2	Monday 11 – Thursday 14 April	Falkirk High School
Week 2	Monday 11 – Thursday 14 April	Denny High School

Prices	1st Sibling	Additional sibling(s)*
Half Day AM	£9.50	£8.55
Half Day PM	£9.50	£8.55
Full Day	£19	£17.10
4 day week (full days)**	£76	£68.40
5 day week (full days)***	£95	£85.50

*Please note, the additional sibling discount does not apply to any other holiday programmes.

** Week 2 only. *** Week 1 only.

Timings

Early drop off	8.45am
Half Day AM	9.00am - 12.15pm
Half Day PM	12.45 - 4.00pm
Full Day	9.00am - 4.00pm



What to bring:

Suitable sportswear. Outdoor clothing including hat, jacket, sunscreen. Swimming gear and big smiles! Snacks and drinks plus lunch if staying all day.

U-8s and non-swimmers: if your child is a non-swimmer or not confident in the water, please advise at time of booking.

Book now on 01324 506850

Badminton - Polmont Sports Centre

Date/s	Time/Session	Price
5/6/7 April.	10.00am - 11.30am Beginners	£17.10 for 3 days
	11.30am - 1.00pm Intermediate	

Basketball - Grangemouth Sports Complex

Date/s	Time/Session	Price
12/13/14 April	11.15am - 13.15pm - 6-8 year olds	£27 per child for 3 days
	1.30pm - 3.30pm - 9-13 year olds	

Run Jump Throw - Grangemouth Stadium

Date/s	Time/Session	Price
4 - 8 April	10.00am - 12.00am session	£10 half day
	12.30 - 2.30pm session	£17.50 full day
Individual Day bookings		

Tennis at Dollar Park

Date/s	Time/Session	Price
4 - 8 April	9.00am - 10.30am - 5-8 years	£5.50 per session
11 - 14 April	10.30am - 12noon - 8-12 years	

Book now on 01324 506850



Easter Programme

Polmonthill Snowsports Centre

4 - 8 April & 11 - 15 April 2022

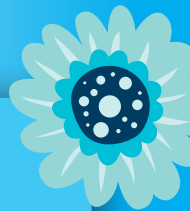
Course	Date	Time	Age Range	Cost
Week 1				
Penguins	4 - 8 April	1.00pm - 2.00pm	4.5 - 6yrs	£45
*Ski Level 1 + 2 Learn To Ski 2 Day Camp	4 + 5 April	10.00am - 4.00pm	7yrs+	£90
*Ski Level 3 - 5 Day Camp	6 April	10.00am - 4.00pm	4.5yrs+	£45
*Ski Level 6 - 8 Day Camp	7 April	10.00am - 4.00pm	4.5yrs+	£45
*Ski Level 8+ Day Camp	8 April	10.00am - 4.00pm	4.5yrs+	£45
Week 2				
Penguins	11 - 15 April	1.00pm - 2.00pm	4.5 - 6yrs	£45
*Ski Level 8+ Day Camp	11 April	10.00am - 4.00pm	4.5yrs+	£45
*Ski Level 3 - 5 Day Camp	12 April	10.00am - 4.00pm	4.5yrs+	£45
*Ski Level 6 - 8 Day Camp	13 April	10.00am - 4.00pm	4.5yrs+	£45
*Ski Level 1 + 2 Learn To Ski 2 Day Camp	14 + 15 April	10.00am - 4.00pm	7yrs+	£90

*** All of our full day camps will include said activity along with tubing, games and movie time so there is plenty of variety to keep all the kids happy throughout the day!**

**To book and for more information call
01324 503835**

**Polmonthill Snowsports Centre,
Polmont Farm, Polmont FK2 0YE**





Easter Swimming Programme

Grangemouth Sports Complex 4 - 8 April

Activity	Time	Age	Cost
Swim Intensive	10.00am - 10.30am	5 - 12 Years	£28.50
Swim Intensive	10.30am - 11.00am	5 - 12 Years	£28.50
Swim Intensive	11.00am - 11.30am	5 - 12 Years	£28.50
121	11.30am - 12 noon	All Ages	£93.50
121	12noon - 12.30pm	All Ages	£93.50
121	12.30pm - 1.00pm	All Ages	£93.50

Denny High School 11 - 14 April



Activity	Time	Age	Cost
Swim Intensive	9.30am - 10.00am	5 - 12 Years	£22.75
Swim Intensive	10.00am - 10.30am	5 - 12 Years	£22.75
Swim Intensive	10.30am - 11.00am	5 - 12 Years	£22.75
121	11.00am - 11.30am	All Ages	£75
121	11.30am - 12noon	All Ages	£75
121	12noon - 12.30pm	All Ages	£75

121 swimming - Available for children looking for dedicated teaching. These classes are useful for complete beginners and for any swimmer looking to improve confidence, skills and technique.

Swim Intensive - Group lessons - a great way to boost your child's swimming skills and improve confidence in the water.



Book now on 01324 506850



Outdoors:

Our exciting activities run throughout the Easter holiday period, excluding the public holidays. We have activities to suit active 9 to 16 year olds with a flexible programme to ensure you don't miss out on the action.

This Easter we will once again be offering early drop off at Victoria Buildings at 8.30am in the morning and later pick up until 5pm after the activity has ended.

During non-activity time participants will be closely supervised at the centre. Participants on all courses are required to bring a towel, complete change of clothing (including spare trainers), packed lunch and drinks and any relevant medication. All specialist equipment will be supplied. Our activities all begin at 9am and end at 4.30pm.

Please ensure that all completed medical forms are sent into the Outdoor Activity Base, Victoria Buildings, Queen Street, Falkirk FK2 7AF. All course enquiries to 01324 506846.

Week 1

Day	Age	Activity	Ability	Cost
4 April	9+	Canoe & Bushcraft	Beginners	£38
5 April	9+	Blokarting	Beginners	£38
6 April	9+	Rock Climbing / Abseil	Beginners	£38
7 April	9+	Mountain Biking	Beginners	£38
8 April	9+	Canoe / Kayak	Beginners	£38

Week 2

Day	Age	Activity	Ability	Cost
11 April	9+	Rock Climbing / Abseil	Beginners	£38
12 April	9+	Canoe / Kayak	Beginners	£38
13 April	9+	Mountain Biking & Bushcraft	Beginners	£38
14 April	9+	Chainwalk / Sea Jump	Beginners	£38

FREE Easter ASN Sports Camp

Mon 4 - Thur 7 April

10am - 12noon

Carrongrange High School

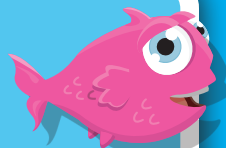
Active Schools in partnership with Forth Valley Disability Sport (FVDS) are providing a free multi-sport camp in conjunction with a number of local sports clubs that provide inclusive sessions throughout Falkirk. Sessions will include sports such as football, cricket, gymnastics, boccia, curling, athletics and rugby. Please bring some water and a snack for between sessions. The camp is for P1 - P7 & S1 - S6 pupils.

Pupils need to be able to be independent to take part. If your child requires additional support, a parent/carer would be required to be in attendance to support their child. Please complete the online booking form at <https://tinyurl.com/yc8hb3ta> on our website.

If you have any queries regarding these sessions please contact Lisa Male, Active Schools Coordinator, Equality and Inclusion on **07834 120845** or email lisa.male@falkirkcommunitytrust.org



The Great MARINER REEF



Kids can play, socialise and have fun!

MON 9am - 4.15pm, ASN sessions from 4.30 - 6.00pm.

TUE - FRI open 9am - 6pm

SAT & SUN open 9am - 4.30pm

Mariner Leisure Centre, FK1 4HJ

01324 503750

www.falkirkcommunitytrust.org



Gymnastics at Carron Gymnastics Centre

18m to 3yrs & 3-5yrs

Day	Age	Time	Price
4 and 11 April	18m to 3	9.00am - 9.45am	£9
5 and 12 April	18m to 3	9.00am - 9.45am	£9
6 and 13 April	18m to 3	9.00am - 9.45am	£9
7 and 14 April	18m to 3	9.00am - 9.45am	£9
4 and 11 April	3 - 5	10.00am - 10.45am	£9
5 and 12 April	3 - 5	10.00am - 10.45am	£9
6 and 13 April	3 - 5	10.00am - 10.45am	£9
7 and 14 April	3 - 5	10.00am - 10.45am	£9

6m to 18m

8 April	6 to 18 months Fun for Baby	10.00am - 10.45am	£4.50 per class
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5-12 year olds

4 - 8 April	5+	11.00am - 12.30	£27.50
4 - 8 April	5+	1.00pm - 2.30pm	£27.50
11 - 14 April	5+	11.00am - 12.30	£22
11 - 14 April	5+	1.00pm - 2.30pm	£22

How to book:

Please call the Booking hotline: 01324 506850.

**Lines are open 9am - 5pm Monday to Friday
and 9.45am - 3.00pm on Saturday.**

Please visit our website www.falkirkcommunitytrust.org for full booking terms and conditions and to view our customer statement and cancellation policy, or please ask a staff member at the time of booking

falkirkcommunitytrust.org/sport

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